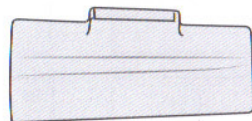
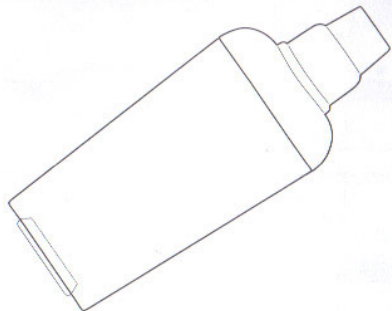


ABLE
SPACER™

with



Single Patient Use

Instructions

Intended use - age 4 and above.
Designed to improve delivery,
eliminating the need
for co-ordination.

Please read through this instruction leaflet carefully before use.

It tells you:

- Intended Use
 - How the Spacer Works
- 1 Preparing the Spacer for Use
 - 2 Using the Spacer with Flo-Tone
 - 3 Looking After the Spacer

Intended Use

For use with most regular pMDIs

The Able Spacer™ is designed to make it easier to take your medication from your pressurised metered dose inhaler (pMDI).

The detachable Flo-Tone™ is fitted with a whistle which will sound when correct flow rate and inhalation is used.

The Able Spacer is BPA free. It is made from a strong transparent plastic with anti-microbial silver ion technology and low static properties. It also provides improved protection from contamination and inhibits microbial growth. The visible valve movement makes it easier for parents or carers to observe and confirm correct inhalation and actuation.

How the Spacer Works

The spacer has a universal flexible adaptor that will fit most pMDIs to improve ease of use.

The dose from the pMDI is sprayed into the spacer, from where it can be inhaled directly into the lungs. This improves co-ordination and medication deposition.

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Consult 'Instructions'



Caution



Manufacturer



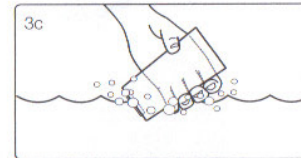
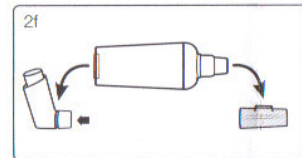
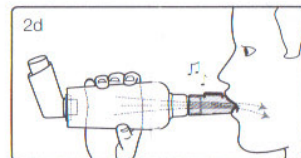
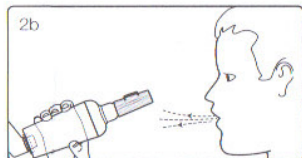
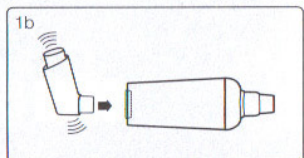
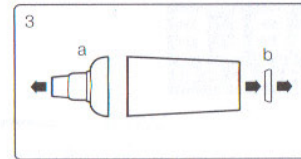
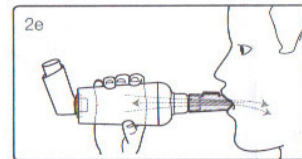
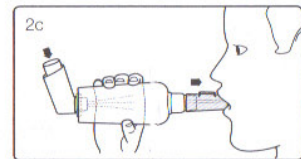
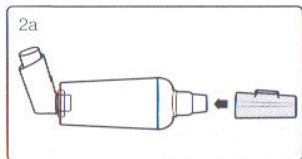
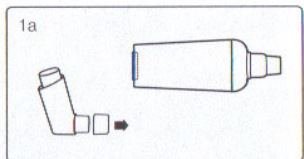
This product complies with the essential requirements of the medical devices directive (93/42/EEC).

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Contents:

1 x Able Spacer
1 x Flo-Tone
1 x Instructions



1 Preparing the Spacer for Use

Wash before initial use, following instructions in section 3.

Always check that the spacer mouthpiece is clean before use.

Blow once through the Flo-Tone to remove water from the whistle before using.

- Remove the cap from the pMDI. Ensure no objects have been left inside the Able Spacer prior to use.
- Prepare the pMDI according to manufacturer's instructions. Push the pMDI mouthpiece into the universal adaptor.

The spacer can also be used without the Flo-Tone. If Flo-Tone is not being used, the following instructions still apply.

2 Using the Spacer with Flo-Tone or on its own

There are TWO METHODS for inhaling, Method 1 (2d) & Method 2 (2e)

Use whichever you feel is most effective.

Prepare the spacer and inhaler as shown in section 1.

- Push the Flo-Tone firmly over the spacer mouthpiece.
- Breathe out slowly as far as is comfortable to empty the lungs.
- Place the Flo-Tone between the teeth and seal your lips around it. Holding the spacer firmly, press the inhaler canister down **once** to release a dose into the spacer.

Method 1 (2d) (recommended for Flo-Tone)

Start taking a slow, deep breath in through the mouthpiece keeping the whistle going for as long as you can. Remove the mouthpiece while holding your breath for as long as is comfortable.

Method 2 (2e)

Breathe in and out through the mouthpiece at least 2 times. Remove the mouthpiece and breathe normally.

Using method 2 is just as effective with the Flo-Tone and will not damage it in any way, however you will not get the same result from the whistle.

Repeat, if another dose is required.

- After use remove Flo-Tone and pMDI, replace cap.

3 Looking After the Spacer and Flo-Tone

With normal daily use the spacer and Flo-Tone will last about 12 months, after this time they should be replaced.

⚠ Not suitable for dishwasher use

⚠ Do not sterilize.

Wash the spacer and Flo-Tone at least once a week as follows:

- Separate two halves of spacer chamber. Do not separate one-way valve from spacer mouthpiece or whistle from Flo-Tone.
- Remove flexible inhaler adaptor from the base of the spacer.
- Wash the parts in warm soapy water. There is no need to rinse the parts as the soapy residue helps to improve drug delivery.

Allow the parts to air dry naturally.

⚠ Do not dry or rub with a cloth.

When the parts are completely dry, re-attach the two halves of spacer chamber and replace universal adaptor.

⚠ Store in a clean dry place.

Able Spacer should be stored in the red anti-static bag provided.

- Replace Able Spacer and Flo-Tone every 12 months.

- Replace either device if damaged.

- Do not recycle.

Disposal Note:

The Able Spacer and Flo-Tone can be disposed of as normal household waste.

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